



# THE LINK

National Newcomers' Council of Canada Newsletter

September 2006

**NNCC EXECUTIVE 2005-2006**  
newcomerscanada@hotmail.com

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Jeanne Stoness  
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## THE OTTAWA NEWCOMERS & ALUMNAE WELCOME YOU TO THE NATIONAL CONFERENCE IN OTTAWA OCT. 13<sup>TH</sup> & 14<sup>TH</sup>.

All members of Newcomers or Alumnae Clubs are welcome. Come meet other Newcomers and share your ideas. Kingston Newcomers are getting a suite and making this a get-away weekend. There will be a special meeting for Presidents or their alternates on Saturday at 9 a.m.

The venue for the Welcome Meet & Greet on Friday night, October 13th, will be downtown at City Hall in the lovely Councillors Lounge. The balcony overlooks Elgin Street just a few minutes walk to the Byward Market and the National Arts Centre.

On Saturday October 14th they have a full program scheduled at the National Press Club. The speaker will be Mary Jane Maffini, an Ottawa mystery author, who may involve you in solving a mystery. As well, there will be a Musical Group to bring our conference to a close around 4:00 p.m.

Make it an Ottawa Weekend and take advantage of the special rates (\$119/night) at the downtown Radisson Hotel. Plan ahead as the deadline for the Radisson Hotel is August 28th.

Billeting is available as well.

Check out some Ottawa Websites and fine entertainment at the National Arts Centre:

[www.canadascapital.gc.ca](http://www.canadascapital.gc.ca)

[www.ottawatourism.ca](http://www.ottawatourism.ca)

[www.naccna.ca/en/whatson/search.cfm?shatson=month&month=10&season=2006-2007](http://www.naccna.ca/en/whatson/search.cfm?shatson=month&month=10&season=2006-2007)



**AGM REGISTRATION FORM  
NATIONAL NEWCOMERS' COUNCIL OF CANADA  
SATURDAY, OCTOBER 14<sup>TH</sup>, 2006  
OTTAWA, ONTARIO**

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Email \_\_\_\_\_ Phone \_\_\_\_\_  
Name of your Club \_\_\_\_\_  
Executive position (if applicable) \_\_\_\_\_  
Do you plan to attend the Presidents' Meeting, Saturday morning? Yes \_\_\_\_\_ No \_\_\_\_\_

**REGISTRATION FEE** - \$45.00 non-refundable (includes Continental Breakfast & Lunch on Saturday). A \$5.00 late fee will be charged for registration after September 15<sup>th</sup>.

**FRIDAY EVENING GATHERING, OCTOBER 13TH – 7:00 P.M. TO 9:00 P.M.**

To Welcome – Executive of the National Council, Out of Town Guests, Billeting Hosts and the Conference Committee.  
Ottawa City Hall, Councillors' Lounge – 2<sup>nd</sup> Floor  
110 Laurier Avenue West (corner of Elgin)  
Will attend: Yes \_\_\_\_\_ No \_\_\_\_\_

**SATURDAY CONFERENCE, OCTOBER 14<sup>TH</sup> – 8:30 A.M. TO 4:00 P.M.**

National Press Club – 2<sup>nd</sup> Floor  
Booth Building Entrance, 165 Sparks Street (corner of O'Connor)  
Please indicate choice of entrée: Chicken \_\_\_\_\_ Salmon \_\_\_\_\_ Vegetarian \_\_\_\_\_  
Any specific dietary concerns \_\_\_\_\_

**BILLETING**

Do you wish to be billeted? Yes \_\_\_\_\_ No \_\_\_\_\_  
Carpool? Yes \_\_\_\_\_ No \_\_\_\_\_  
Names of carpooling members: \_\_\_\_\_  
Carpool contact person: \_\_\_\_\_  
Email: \_\_\_\_\_ Phone \_\_\_\_\_  
Do you wish to share a room? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, with whom? \_\_\_\_\_  
Arrival Date: \_\_\_\_\_ Time: \_\_\_\_\_ Departure Date: \_\_\_\_\_ Time: \_\_\_\_\_  
Smoker: Yes \_\_\_\_\_ No \_\_\_\_\_  
Allergies: (specify) \_\_\_\_\_

**HOTEL**

Radisson Hotel, 402 Queen Street, Ottawa  
Limited number of rooms reserved. Special rate, Standard (single or double) \$119.00 plus taxes. Additional person \$10.00.  
For reservations call: (613) 236-1133 or (877) 557-5565. Group name – Ottawa Newcomers, group block, ONC. Rooms are being held until August 28<sup>th</sup>, 2006. Must book before that date. **Free parking at hotel.**

**Please complete form before September 15th, enclose your cheque, payable to National Newcomers' Council of Canada, and mail to:**

**Verna Dennis, Unit 1, 6040 Montevideo Road, Mississauga, ON L5N 2T4**

## **EXECUTIVE OFFICERS: NATIONAL NEWCOMER'S COUNCIL OF CANADA**

Updated August 2006

### **President**

- Council chair: organizes executive meetings
- Co-ordinates and supports initiatives of council executives
- Answers correspondence from member clubs
- Ensures that board stays within the purview and bylaws mandated

*The first half of my term as President has not been dull! Regardless of size and location, newcomers' clubs everywhere have similar challenges and it has been my privilege to bring a national perspective to topical issues. I have met, albeit through email, some wonderful women who are doing their best to benefit their members across Canada and I very much look forward to putting faces to names at the Annual General Meeting in Ottawa in October.*

Susan Owen

### **Registrar/Treasurer**

- Manages the finances of the NNCC, including bank accounts and an annual review
- Provides financial updates to the newsletter, board and the AGM as required
- Solicits memberships, follows up with tardy clubs on an annual basis,
- Provides names of member clubs to the newsletter editor, president and website coordinator
- Compiles an annual register of clubs for individual club presidents
- Tracks registrants for the AGM for the Past President and the host club
- Is the incumbent for president the year following her appointment as Registrar/Treasurer

*It seems that just as I am learning all about this job I am moving on to the Presidency. Although the Council runs on a shoestring, expenses have been reduced*

*with the distribution of the LINK by email. Clubs have been very responsive to renewing their membership. There are still 10 clubs to contact before I can complete the information for this year's Register. I have enjoyed the challenge this year and look forward to next year.*

Verna Dennis

### **Secretary/Publicity**

- Manages minutes for executive meetings and the AGM
- Assumes full management of any areas of publicity approved by council

*This position was not filled this year.*

### **Newsletter Editor**

- Is appointed for a two year term
- Solicits information from Member Clubs and elsewhere to produce the NNCC newsletter April, September and November editions with a February one if there is a meeting in February.
- Uses The Link to further the work of the NNCC in areas such as publicity for the AGM, soliciting new clubs etc.
- Forwards The Link to individual member clubs for distribution among their membership
- Distributes the Register and Newsletters to member clubs.
- Publishes updates of member clubs in the newsletter.
- Trains and ensures a smooth transition to her successor

*Thank you Newcomer and Alumnae Clubs for your patience and assistance in helping me distribute the LINK via email. All but 10 clubs receive it via email now and my aim is to increase it to 100%. This has helped the Council with its budget concerns. I do appreciate how most clubs are also forwarding the LINK to their individual members. When more of our members read the LINK, it promotes all our clubs. Be sure to forward your newsletters to me as I can use them for items in the LINK.*

Jeanne Stoness

### **Alumnae Representative**

- Deals with correspondence and registration regarding alumnae clubs.
- Provides assistance to newcomers' clubs who would like to start an alumnae group.

*As Alumnae Representative have corresponded and tried to provide assistance to Newcomer Clubs who would like to start an Alumnae Group and have tried to help with other transition problems. In Cornwall, I have been very active in organizing our first Alumnae Club.*

*Lise Marvell*

### **LIAISON OFFICERS**

- Liaison Officers will be responsible for contacting each club twice a year to coincide with drafting the newsletter.

### **Western Liaison Officer**

- Resides in Western Canada ( British Columbia; Alberta; Saskatchewan and Manitoba
- Maintains liaison between Council and the member clubs in Western Canada.

*As Western Liaison this year I have been trying to find out how I can best help the Council. I have helped Jeanne track persons and information for distribution of the newsletter and have been assisting Verna in collecting information for the newsletter.*

*Sharon Burrill*

### **Central Liaison Officer**

- Resides in Central Canada (Ontario and Quebec)
- Maintains liaison between Council and the members clubs in Central Canada.

*As Central Liaison the last year has been rather quiet. Not sure if no one knew who I was or if things are just running that smoothly with in all the clubs in Ontario. I had to address a few inquiries but nothing that couldn't be worked out. I tried to reach all of the different clubs via e-mail or phone. I hope that next year runs as smoothly for my replacement as this has*

*for myself. I have enjoyed attending the council meetings and looking out for the interests of Central Canada.*

*Susan Lotherington*

### **Eastern Liaison Officer**

- Resides in Atlantic Canada (Nova Scotia; New Brunswick; Prince Edward Island; or Newfoundland and Labrador).
- Maintains liaison between Council and the member clubs in Atlantic Canada.

*I love this time of year as I am packing my bags to attend the National Conference especially since this year it is in my favourite city Ottawa where we lived for three years. Some of our Atlantic members are planning on chartering a small bus to go to the National Conference. They had such a good time in Truro last year.*

*Beryl Keilty*

### **Member-At-Large**

- Assists with, or assumes responsibility for any duties deemed necessary by the Council executive, i.e. assists a council member or assumes responsibility for an executive position in the absence of that member.
- Is responsible for checking the hotmail account every 2 weeks.

*Lana Koslow resigned from this position in February.*

### **Past President**

- Is not an elected position, but one assumed by the previous year's President.
- Past President provides continuity, historical advice and support for the current executive.
- Assumes the responsibility of council advisor and Annual Meeting Coordinator, liaising with the host club and providing updates to the executive.
- Chairs President's Meeting at the AGM
- Maintains and keeps current, the National Newcomers' Council of Canada's website, working closely with the executive and the newsletter editor.

- The Website Coordinator may attend executive meetings, but has no voting rights.

*As Past President, this is my last year on National Council. My years on National Council have been a wonderful experience. It is very satisfying to help member clubs with difficulties they may be experiencing or to celebrate with them when things are going well. This past year I have had the pleasure of helping the Winnipeg Newcomers' Club start an Alumnae Club under the keen direction of Julia Hayter. I am happy to report that they are now up and running and look forward to a successful future.*

*My focus for the past few months has been as Coordinator of the Annual General Meeting being held in Ottawa on October 14<sup>th</sup>. I have been working in close contact with Ruth Campbell of the Ottawa Newcomers' Alumnae Club and they have a fabulous meeting planned for us at the Ottawa Press Club, with a social evening on Friday, October 13<sup>th</sup> in the Council Chambers at City Hall. I sincerely hope that many of our member clubs will be represented at this year's AGM. If you have never attended an AGM, this is the year to start. Come and visit our Nation's Capital for a wonderful fall weekend and attend our meeting - you will be glad you did!!*

*Please get involved with National Newcomers' Council of Canada. We will be looking for new executive at the AGM and I know that if you decide to become one of the executive members on next year's Board, you will have wonderful memories, as I do.*

*Bev McCann*

National Council meets four times a year.

While duties are not onerous, they do need attention. Everyone who has been on Council says how much she has enjoyed it. When all members do their jobs, no position is difficult. Please consider joining next year.

## **NNCC Bylaws**

Proposed changes to be discussed and voted on at the AGM.

- Executive costs will be re-written to exclude a particular sum for mileage, acknowledging that coffers might not always be wealthy enough for a particular amount of mileage - it is deemed to be proportionate to the Registrar/Treasurer's report at the start of the year. (The elected executive is charged with fiscal responsibility.) Canadian mileage provisions are .50 and the budget will not in any way accommodate that.)
- Updated executive positions will be sent to Bev by Susan O. and incorporated in the bylaws: of particular note - the Member at Large will be responsible for checking the hotmail site every two weeks and the Past President will conduct the President's Meeting at the AGM. Terms of office will be more flexible to accommodate each year's particular challenges with fielding a complete executive. Newsletter Editor's position has been extended for 2 years.

A complete copy of the Newcomers' Council Constitution and By-Laws is attached as a separate copy to this newsletter.

## **ANOTHER REASON TO ATTEND THE NATIONAL CONFERENCE**

I have donated a one-night stay at my Bed & Breakfast in Kingston. To see it, go to [braestone.ca](http://braestone.ca)

Jeanne Stoness

This year marks Council's 29<sup>th</sup> anniversary.

## **WAYS OF RAISING FUNDS**

Raffle Donors: Thanks to raffle prize donators Sarnia raised **\$76.00** at **March's** general meeting. Each member is asked to donate a prize for the general monthly meeting valued at approx. \$10. All spots for donators have been taken therefore anyone who hasn't had an opportunity to provide a prize is asked to donate one to our June Member Appreciation dinner. Tickets are priced at 5 for \$2 and 10 or \$3.

*Christina Murray*

### **Ways of Greeting New Members**

'Mississauga'

Welcome Coffee' get-togethers will take place through the summer months. If you would like to join a small group of new and prospective members to share information about your experience in Newcomers/ACORN, please call me.

'Oakville'

Casual conversation with friends and neighbours is the best way to spread the word about our club, so please tell other women who have recently moved to Oakville all about Newcomers!

## **Who are our member clubs?**

Okotoks Newcomers' Club

Okotoks Alumnae Club

Okotoks is a small town - about 40 km SW of Calgary, We are located in the Foothills region of Alberta, so we have wonderful mountain views...20 minutes drive takes us up into Kananaskis country - quite beautiful scenery.

When I came here (from Oakville, Ontario) in 1998, the population was around 8,500. . . we are now over 15,000. . . population is capped at 30,000. It is quite a vibrant community and growing rapidly. We sure hit the headlines last year. . . our town was badly flooded - on more than one occasion - so we are hoping the river and the rains will be much kinder this year!!

We keep fairly busy. . . we do have a walking group - Newcomer's/Alumni - we meet Monday, Wednesday and Friday mornings and walk for about an hour (and often find a reason to stop for a coffee afterwards) We have some nice walkways down around the Sheep River. So I am off there now. . .

Betsy McQuade

## **Red Deer**

*A Circle of friends is a wonderful thing!*

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## **Guelph Tribute**

The 1st annual Perennial Plant Exchange was very successful. We collected \$97.17 in donations to the Cancer Society and with further donations to come at the Bridge Tournament, we will well surpass \$100.00. It's a lovely tribute to Barbara Louise.

## Ways of Finding New Members

*This article appeared in the Whitby newspaper. Maybe you would like to send a copy to your local newspaper and see if they would like to do an article on your club.*

### **A Warm Welcome Club helps new residents feel at home**

When Ita Matwersota moved into a brand new Whitby subdivision things were pretty much perfect down the freshly poured sidewalks to the shiny streetlights.

The only problem! With most of her neighbours rushing off to work or busy with small children, making friends in a new town proved harder than expected.

"I moved here from Chicago and was eager to meet people because I had heard how friendly and Canadians are." she said. "But I didn't know the area at all. I didn't know where to start."

One day while browsing at the library, she came across a flyer advertising the Oshawa Whitby with stay-at-home mothers, book club meetings, helping new friends make scrapbooks and even learning how to golf.

For more than 11 years, the local Newcomers Club has new residents by organizing social activities and pointing out the best local restaurants, stores and attractions. The club currently has about 50 members who attend monthly meetings and take part in a dizzying round of special interest groups and events that cover almost every day of the calendar.

From French conversation to gardening to badminton and a breakfast club, there's something to fit most interests and schedules. Members are free to propose new groups at the monthly general

meetings. Crowded around Ms Matwersota's dining room table on a recent sunny morning, a handful of club members work diligently on scrapbooks - one of the popular interest groups. As they carefully fill pages with photos and keepsakes, they learn about each other's families.

In between bursts of laughter, the conversation moves from restaurants and recipes to birthdays and travel plans never slowing down for more than a second. An outsider would never guess that a year ago, some of them had never met.

"Joining the Newcomers Club was the best thing I could have done." Says current President Susan Lotherington who moved to Whitby from the Maritimes two years ago. "You make instant friendships because you are all in the same boat. But they're lasting friendships. We have a lot of fun together."

THE Whitby/Oshawa Newcomers' club is associated with the National Newcomers' Council of Canada. For those who move often it is reassuring to know that there are other Canadian cities with Newcomers' Clubs.

"I've moved five times in the last seven years" laughed Christilana Quirk who recently moved back to Durham for the second time. "With my husband on-call 24 hours a day. I'm by myself a lot which is hard in a new place. It's nice to know newcomers will be there wherever I go."

The local Newcomers Club will hold its next general meeting on September 11 at 7:00 p.m. at the Taunton Road and Brock Street in Whitby.

## INTERESTING ITEMS FROM CLUB NEWSLETTERS

Here are some ways that clubs are meeting member's needs in their newsletter

### Truro Newcomers Provide Information to Community

As mentioned in our last month's newsletter, on April 8th St. Andrews United Church is organizing & hosting an information fair called People Helping People: A community outreach fair. Newcomers plan to have an information desk and we are still looking for individuals to volunteer for an hour and sit at our table. It will be a wonderful opportunity to see, hear, and learn about other organizations in the community that all of us now call home. The sign up sheet is at the back of the room along with all the event sign up sheets. Just a reminder that we have decided to put together a Spa Basket on which we will sell tickets and contribute the proceeds to our chosen charity.

### Food Bank Donations

In an effort to support our local food bank, we will once again be collecting non-perishable food items at all of our general meetings.

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### For Information on what is happening in the TRURO area check:

1. Red Letter Days in the Truro Daily News
2. Check Saturday News when flyers are delivered on the weekends
3. Truro community events radio station

4. 2005-2006 Community Leisure Time activities catalogue
5. WEB Page for Truro:  
[www.town.truro.ns.ca](http://www.town.truro.ns.ca)

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## IDEAS FOR ACTIVITIES TAKEN FROM MEMBER CLUB NEWSLETTERS

### ROLLING DINNER CLUB

Do you like food, fun and making new friends? Do you want your partner to meet new people too? Well, Dine-in Dinners is the choice for you. We meet the fourth Saturday each month at a member's home. It is a relaxed, casual evening, where members bring a dish to contribute to a three-course dinner. If you want to drink wine, bring along what you will drink, or any other drink you would prefer. The continuity relies on having volunteers to host the dinners. The success relies on everyone helping out to make it an enjoyable evening for all. This group is a good choice to meet more people in a friendly environment, and discover what you have in common.

Every rolling dinner club evening involves 3 couples. For each dinner, a new couple joins the dinner group and the previous host couple leaves. (Then the list goes 'full circle', the first and second couples to host would also participate in three events). The host will set the date, provide a theme and/or menu, prepare the main course and the other couples bring a starter or dessert. Each dinner group has a maximum of 5 couples. The next couple wishing to join will start a new group, but must wait until there are 3 couples on their list. Potentially there could be several groups 'rolling' simultaneously. Once a couple has



had all three dinners, they may sign up with a new group.

### **WOMEN'S SATURDAY NIGHT FEVER**

A get together for Saturday evenings, loosely organized for movies, restaurants, outdoor cafes in summer, garden party or having a chat in a member's home on a cold night. We can also call and just ask if someone likes to come along to a certain place.

### **SECRET PALS**

We are going to have secret pals again this year. Late in September, everyone who is now involved with the secret pal group will meet and give a small remembrance to their secret pal with a clue to reveal who they are. One night shortly after the General meeting everyone who is interested in doing this for the year 2006 -2007 will meet and draw the name of their new secret pal. If you sign up for this you should know that you are expected to give your secret pal cards throughout the year for different occasions and small remembrances for their birthday, Christmas, anniversary and revealing next fall. The gifts are only remembrances. Limits and guidelines will be set at the first meeting of the group in September. Please sign up for this at the general meeting or email me with your intent to join before Sept. 15th.

### ***FYI . . .***

Here's a helpful web site for people moving in and around Canada. It gives you information on any city in the country you want. For anyone interested, check out: [www.relocatecanada.com](http://www.relocatecanada.com)

### **BOOK CLUB**

We had a very wide and interesting discussion last month after reading "**These**

**Foolish Things**" by Deborah Moggach. There were comments on aging, the differences in the way communities and cultures care for their aged citizens, the stresses faced by children of those aged folk, our own feelings about the aging process. The book seemed to touch a chord on our heart strings and provoke varied reactions. The author should be pleased with such results.

"**Sweetness in the Belly**" by Camilla Gibb. A fictional account about women, and "a culture and a religion that are currently under the microscope." The book is also about "what is common to all cultures and what unites us all."

### **REGIONAL NEWS**

#### **The Brockville Newcomers' Club**

#### **Brockville Club Celebrates 30 Years**

On Sunday, May 7, over 100 members of the Brockville Newcomers' Club gathered at the local Country Club to Celebrate 30 years of "fostering and nurturing friendship through social activities". Over the years the club has had 25 Presidents and current President Nancy Van Ulden was rewarded in her search by finding many of these women, several joined us for our Anniversary festivities.

The program included remarks by the President and entertainment by the Four Tunes Seekers, a ladies quartet, who entertained the crowd with a harmonious selection of old and new songs. A hot brunch buffet and a delicious dessert table were enjoyed by all.

Throughout this Anniversary year members will be able to read historic tidbits from the club's extensive archives of old minutes and newsletters. These special moments

will be published in the BNC Newsletter until the end of the Anniversary Year.

Nancy M. Léger  
Newsletter Chairperson  
Brockville Newcomers

### **The Ottawa Newcomers' Club**

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The Ottawa Newcomers' and Alumnae Club look forward to hosting the 2006 AGM.

### **Vancouver Newcomers' Alumnae Club**

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#### **EASTER EGG GIVING**

We have been missed! For several years we decorated and delivered hard boiled eggs at Easter time. We missed last year but a heartfelt request has come from the homeless to brighten their Easter again.

**You may wish to participate in one of three ways:**

- bring 2 dozen boiled eggs plus a package of lentils (or equivalent) and enjoy the evening of Thursday, April 13 at Lola's (8 pm) decorating the eggs
- Deliver the above items to Lola's if unable to attend the evening social get-together
- Donate \$5 to Lola who will be willing to prepare your contribution

Delivery to the homeless will be made later.

**Reporters Needed:** If you would like to volunteer please email me at [j\\_stoness@yahoo.ca](mailto:j_stoness@yahoo.ca)

#### **WEB SITES**

St Johns, NL

<http://newcomers-stjohns.blogspot.com>.

Sarnia, ON

<http://www.sarnia.com/newcomers>

Kingston, ON

[http://groups.msn.com/KingstonNewcomers Club](http://groups.msn.com/KingstonNewcomersClub)

Calgary, AB

<http://calgarynewcomers.com>

Lethbridge, AB

<http://www.lethbridgenewcomers.com>

National Newcomers' Council

<http://www.newcomersclubcanada.com/>

World

<http://www.newcomersclub.com/>

### **New Club**

Andrea Dunphy is trying to organize a new club in Chilliwack, BC. Contact her at 46509 Elliott Avenue, Chilliwack, B.C.

V2P 6L1

604-793-9875.

[andream@shaw.ca](mailto:andream@shaw.ca)

### **Book Club For People In the Know**

Participants have one month to read book. Participants pass their book to the name below them on the list at regular Newcomers or Alumni Tuesday meeting, otherwise they are responsible for getting book to next person. Please make an effort to pass the book promptly. A book backed up makes it difficult for others to read in the time frame provided.

#### **Non Fiction**

**What I Meant to Say: the private lives of men** edited by Ian Brown

Twenty-eight of Canada's male writers give hilarious, insightful and provocative glimpses into the secret male psyche.

**I Feel Bad About My Neck** by Nora Ephron

This is a candid, hilarious look at women who are getting older and dealing with menopause, empty nests and life itself.

#### **Autobiography**

**Madame Zee** by Pearl Luke

Mabel Rowbotham is struck by visions and premonitions that disturb her dreams,

haunt her waking hours and stay with her after she emigrates to the Prairies. She tries to hide her gift behind a normal life, job and marriage. But Mabel is destined not to be normal.

### **Fiction**

#### **Three Day Road by Joseph Boyden**

In this powerful tale of two young men numbed by the horrors and brutality of trench warfare, Boyden portrays the chaos, fear, cowardice and courage of WW1.

#### **Water for Elephants by Sara Gruen**

Sara paints a Technicolor tale of a crumbling circus and its characters who inhabit the less-than-greatest show on earth during the Great Depression.

#### **The History of Love by Nicole Krauss**

14-year-old Alma Singer is trying to cure her mother's loneliness. Believing that she might discover it in a book her mother is translating, she sets out to find the author. Across New York, Leo Gursky is trying to survive. He spends his days dreaming of the lost love, 60 years ago in Poland who inspired him to write a book.

#### **The Expected One: Book 1 of the Magdalene Line by Kathleen McGowan**

An ancient prophesy predicts the arrival of a woman who is expected to bring Mary Magdalene's gospel to the world. Maureen Pascal stumbles into a dangerous and secret world of people who will fight to keep - or to destroy - one of the world's most powerful secrets.

#### **The Glass Castle by Jeannette Walls**

When sober, Jeannette's father captured his children's imagination, teaching them how to embrace life fearlessly. But when he drank, he was dishonest and destructive. Her mother was a free spirit who abhorred domesticity and the responsibility of

raising a family. The Walls children learned to take care of themselves.

## **Contest**

(Hints in italics)

1. What club celebrates its 50<sup>th</sup> anniversary in 2011?  
*Calgary, Toronto, Vancouver*
2. Where was last year's AGM held?  
*Halifax, Moncton, Truro*
3. What club celebrated its 30<sup>th</sup> birthday in May 2006?  
*Read newsletter*
4. What historic building is being used as this year's site for the National Conference?  
*Read newsletter*
5. How many Newcomer Clubs have you joined?
6. When was the National Newcomers' Council established?  
*Ask Bev McCann?*
7. What is the name of the National Newcomers' Newsletter?  
*Do you really need a hint?*
8. How many clubs belong to National Newcomers'?  
*Go* *to*  
<http://www.newcomersclubcanada.com/>  
*Look at Register*
9. What is the motto of Newcomers'?  
*Go* *to*  
<http://www.newcomersclubcanada.com/>
10. Why would anyone join Newcomers'?  
Send your answers to  
j\_stoness@yahoo.ca  
Winner will be announced at the National Conference.

**Good Luck**

## TRIED & TRUE RECIPES

### 3-Minute Apple Cobbler

Prep: 3 min. Ready in: 3 min.

Calories - 98 Sodium - 87 mg Protein - 1.1 g

Cholesterol - 0 mg Total Fat - 1.4 g

Saturated Fat - 1.2 g Dietary Fibre - 1.3 g

Serves: 1

2 Honey Maid Graham Wafers

¼ cup Applesauce

1 Tbsp. thawed Cool Whip Whipped Topping

#### Ground Cinnamon

1. Place wafers in microwaveable bowl.
2. Top with applesauce.
3. Microwave on HIGH 15 to 45 sec. or until hot.
4. Let stand 1 min. to cool slightly.
5. Top with whipped topping.
6. Sprinkle with cinnamon if desired.

(Note: You can substitute 6 Nilla Vanilla Wafers for the 2 Honey Maid Graham Wafers.)

### Marinated Cherry Tomatoes

*I can't believe how something so simple could be so popular.*

In food processor place

2 handfuls cilantro

3 cloves garlic

1 tsp. gingerroot

Pulse

Add olive oil to form a marinade consistency.

Pour over red or yellow cherry tomatoes and marinate for at least 1 hour.

I served the tomatoes in a square glass dish with spiral hollow usually used for serving olives.

P.S. I use another olive dish in an s-shape for blossoms as a low centerpiece for my breakfast table.

Jeanne Stoness

## FOCUS OF NEXT ISSUE OF THE LINK IN NOVEMBER

**News from the Annual General Conference?** Your input is needed. Send ideas to me at [j\\_stoness@yahoo.ca](mailto:j_stoness@yahoo.ca) There's an underscore between j and stoness

### Editor's Note:

In order to make The Link a newsletter that truly links our clubs across Canada, I need help collecting information. Please send me a copy of your newsletter. If I see interesting articles, I include them in our newsletter. I have some reporters who have sent me articles for this newsletter. I really appreciate their help! All I need is a short message about your club four times a year. **Please send me an email with your name & email address**

