



# THE LINK

National Newcomers' Council of Canada Newsletter

**NNCC EXECUTIVE 2005-2006**  
newcomerscanada@hotmail.com

December 2005

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**FRIENDSHIP**

- *A best friend is like a four leaf clover: hard to find and lucky to have.*
- *Good friends are hard to find, harder to leave, and impossible to forget.*
- *Good friends are like stars.... You don't always see them, but you know they are always there.*
- *Actions speak louder than words.*
- *Don't let the past hold you back; you're missing the good stuff.*
- *Life's short. If you don't look around once in a while, you might miss it.*
- *If you think that the world means nothing, think again. You might mean the world to someone else.*
- *When it hurts to look back, and you're scared to look ahead, you can look beside you and your best friend will be there*
- *True friendship never ends.*
- *Friends are forever.*
- *Don't frown. You never know who is falling in love with your smile.*
- *Everything is okay in the end. If it's not okay, then it's not the end.*
- *Most people walk in and out of you life. But only True friends leave footprints in your heart.*
- *Whether we realize it or not, everyone we know is very special to us..*
- *There may be somebody who is thinking about you RIGHT NOW and wishing that you were around. That's the wonderful thing about friendship-you always feel loved and cared about.*
- *The most important thing to remember is... Always appreciate the friends that you have. A fight may come and go very easily, but a friendship could last forever.*

## Report of the National Newcomers' Annual General Meeting In Truro, Nova Scotia

What a great party we had Friday night! All attendees of the conference were invited to a hors' oeuvres and dessert kitchen party. A trio with two guitars and drums entertained us and provided toe tapping dancing music. Cape Bretoners love to party. Saturday, Bev McCann coordinated the president's meeting. The Commissioner of Bible Hill and the Mayor of Truro welcomed everyone. We were intrigued by the history of the area. Micmac Indians were the original inhabitants before the Acadians came. One day an edict came from his majesty stating that he owned all the lands, buildings and crops. The Acadians were forbidden to harvest their crops, kill their pigs, chickens, etc. and expelled from the rich farmlands of Nova Scotia. A religious Scot who believed fervently in the Bible became the area leader and so people behind his back called it Bible Hill and the name stuck. Reports from the National executive were given and the meeting turned over to Truro. Following a lovely luncheon Betty Campbell gave a humorous presentation entitled "A Phenomenal Woman". The delegates were entertained by a children's choir, a folk singer and a Celtic fiddler. Truro clubs are to be congratulated. They organized a great conference for 49 delegates. Everyone received an originally designed bag with goodies including a CD of Maritime music and a door prize with amazing items like

bath products, Micmac baskets, angel sculptures, tablecloths, etc.

Truro, Nova Scotia  
Next year's conference will be in Ottawa so put October 13<sup>th</sup> and 14<sup>th</sup> on your calendar and plan to attend next year's conference. What a great party we had Friday night. All

Sus

### Information National Council Can Provide

- History of National Newcomers' Club
- Sample Constitutions
- Publicity Suggestions
- Guidelines for organizing a conference

### National Council are revising the following documents this year

- NCC Executive duties
  - Organizing a new club
  - Ways of Publicizing you Club
  - Website Permission Form
- Please send your suggestions to any of the executive members at

[newcomerscanada@hotmail.com](mailto:newcomerscanada@hotmail.com)

### Constitutions

When Kingston Newcomers' Club revised their constitution last year they added a section entitled affiliations to define their relationship with The National Newcomers' Council and the Kingston Newcomers' Alumnae Club

#### AFFILIATIONS

Section 1: The Kingston Alumnae Club is the graduate club for the Kingston Newcomers' Club. Joint activities may be carried out between the Alumnae Club and the Kingston Newcomers' Club participating.

Section 2: The Kingston Newcomers' Club is a member of the National Newcomers' Council of Canada.

Registration/Treasurer the same with you made it great for me." I constitution.

## **Your Executive: Their experience / Goal / Quote**

### **Susan Owen, President**

I moved from Ottawa in 1996, kicking and screaming, knowing exactly one couple in Toronto and learning about Newcomers from my real estate agent. I was asked to be President of Toronto Newcomers the next year and have been an active member ever since, especially enjoying the many couples' activities. "As President of National Council this year, believing so strongly in the value of Newcomers, I really want my contribution to make a difference both nationally and at the club level."

### **Verna Dennis, Registrar/Treasurer**

I joined Mississauga Newcomers' in 1977. In 2001, I re-joined ACORN/Alumni after a 20 year break to pursue a career in computer systems. Luckily Mississauga now officially accepts 'change of lifestyle' and 'friends of newcomers' members. I want to enjoy and support the purpose of the club, as a former Islander (PEI) I would say, to participate in a club where people 'from away' can make friends and have fun. "Anybody need a fourth for bridge or a diabetic dessert?"

### **Jeanne Stoness, Newsletter Editor**

I have held many executive positions in the Kingston Newcomers' and have been on Council for 2 years. I want to get The Link to all newcomer members with email thus save costs. "I thought moving to Kingston would be a piece of cake but Newcomers' proved to be the icing that made it great for me."

### **Beryl Keilty, Eastern Liaison**

I have attended many AGMs and held executive positions in clubs as I have moved. "I always say you only get out of your club, what you put into it yourself. I want to see Newcomers Clubs throughout the Maritimes".

### **Susan Lotherington, Central Liaison**

I have been president twice in my club, and has been Member-at-Large and Central Liaison for Council. It has been a learning experience being on council so my goal this year is to help all the clubs in Ontario and Quebec be more informed about each other and help in any way I can. "Newcomers' is a great club that needs to be promoted across Canada."

### **Lise Marvell, Alumnae Representative**

I have been a VP in Delta, B.C., Regina, Saskatchewan, and Cornwall, Ontario. My goal is to help make the transition from Newcomers' to Alumnae simpler. "Live and let live. Enjoy friendships! - old and new."

### **Lana Koslow, Member -at-Large**

I want to accept responsibility in the workings of National Council. "After all Newcomers' has been a life line in a sea of anonymity".

### **Bev McCann – Past President**

I have held executive positions at the club level and have been on National Council since 2001. I want to carry out my responsibilities as coordinator of the 2006 Annual General Meeting and to help Ottawa Newcomers' Alumnae Club organize a great meeting. "I am proud to be associated with Newcomers' organization and grateful for the friendships I have developed over the years".

### **Sharon Burrill – Western Liaison**

I have held many executive positions in the Calgary Club. Newcomers for me is an

amazing blessing. I would very much

Newcomers' and on Council for 2 years. I want to get The Link to all

appreciate hearing from all the western

groups to update your information and to

talk about what your groups are doing in

your respective. "Women who move around

and settle in different cultures are a

wonderful breed and are true risk takers."

Does your club have any unique activities to share?

### Circulating Book Club

Indigo Books gives suggestions for non fiction, fiction and short stories that will be discussed in the newspaper, radio or TV during the year. This is to make Kingston Newcomers' knowledgeable on the cocktail circuit. Books are passed from member to member once a month and they only meet to discuss the books in June. Costs are averaged so each member pays for and receives a book. As a joint Newcomers' and Alumnae club it has 32 readers enjoying these books. A great group for the person who can't make another meeting!

Non Fiction

The Good Women of China by Xinran

Women of the Raj by Margaret Macmillan

Fiction

The Wreckage by Michael Crummy

The Many Lives & Secret Sorrows of

Josephine B. by Sandra Gulland

The Kite Runner by Khlaed Hosselini

Sylvannus Now by Donna Morrissey

A Map of Glass by Jane Urquhart

The Shadow of the Wind by Carlos Ruiz Zafon

What books are you Book Clubs reading?  
Send me an email with a short description and I will include it in The Link

### 50/50 Draw

**1 for a loonie 3 for a toonie**

Kingston Newcomers 50/50 has 3 winners. The 50% going for prizes takes out \$2.00 for winner to get back their money, \$5.00 to double their money and the rest of the 50% goes to the grand winner.

### Problem of the Month

Dear Problem Solver

Can you recommend a reliable hairdresser?

Frizzled

Dear Problem Solver

The furniture I had in my last home does not match the colour scheme of my home in Kingston.

Does anyone know of a dependable upholsterer?

I would like to know as soon as possible.

R. E. Cover

A problem is posted each month in the newsletter and members write their suggestions on a sheet at the monthly meeting. Solutions are shared in the newsletter. Valuable information for newcomers.

Share ideas about unique activities with us. Send me an email with a short description and I will include it in The Link

### Cookie Exchange

Everyone brings a platter of 5 dozen cookies and a container. Cookies are placed on the table. Everyone takes their container and walks around the table taking 2 or 3 cookies from each platter depending on the # of people. Keep going around the table until cookies are all gone. Enjoy!  
A great way to have your Xmas tray prepared without a whole lot of work.

## National Newcomers' Pin

The National Newcomers Pin is an attractive gold Maple Leaf with a small inscription saying Newcomers. The pin is approximately 1½ inches high and wide. The Kingston Newcomers Alumnae Club adds a bar labeled Past President and gives this to each of their Presidents when they complete their term of office. Other clubs have added a bar with the name of their city or the position on the executive.



### Pin Order Form

Club Name: \_\_\_\_\_

Order to be mailed to: \_\_\_\_\_  
\_\_\_\_\_

Number of pins ordered: \_\_\_\_\_ x \$ 15.00 = \_\_\_\_\_ (TOTAL)

Please enclose a cheque payable to "National Newcomers' Council" in the amount of the TOTAL. Send the order to Verna Dennis, Registrar/Treasurer 1-6040 Montevideo Dr. Mississauga, ON L5N 2T4

## REGIONAL NEWS

**Ottawa Newcomers' Alumnae Club** is looking forward to hosting the 2006 AGM. Planning committees are putting their heads together to come up with an informational and pleasant visit to Ottawa.

**Winnipeg Newcomers Cook Book** *Diane Sharun* 667-0049

The new cook books have arrived! They are \$5.00 plus postage and would make a nice stocking stuffer or hostess gift for the holiday season.

**Toronto Newcomers** have a Holiday Cocktail party and Cookie Exchange in December. Perhaps they will send us some recipes for the next issue of *The Link*.

**Reporters Needed:** I am looking for a reporter from each club who would email me once a month with newsy tidbits or descriptions of activities that would be of interest to other clubs. If you would like to volunteer please email me at [j\\_stoness@yahoo.ca](mailto:j_stoness@yahoo.ca)

## TRIED AND TRUE RECIPES

### Antipasto

1 bottle ketchup  
 $\frac{1}{4}$  cup oil  
 $\frac{1}{4}$  cup vinegar  
1 bottle sweet onions  
1 bottle olives  
1 green pepper, chopped  
1 red pepper, chopped  
2 cups cauliflower, chopped  
Simmer and stir often for 2 hours.  
Add  
1 can mushrooms  
2 cans tuna  
1 can shrimp

Refrigerate in covered jars.

Truro Newcomers' Club

### Cranberry Bread

2 cups all purpose flour  
 $\frac{3}{4}$  cup sugar  
2 tsp. baking powder  
 $\frac{1}{2}$  tsp. baking soda  
1 tsp. salt  
 $\frac{1}{4}$  cup shortening  
2 eggs  
 $\frac{3}{4}$  cup orange juice  
zest of 1 orange  
1 cup cranberries (fresh or frozen),  
coarsely chopped  
 $\frac{1}{2}$  cup green cherries, floured  
Preheat oven to 350°F.  
Put flour, sugar, baking powder, baking soda  
and salt in bowl.  
Cut in shortening until mealy.  
Beat eggs, orange juice and zest. Add to dry  
ingredients.  
Add cranberries and cherries.  
Put in large loaf pan or 2 small pans.  
Bake for 1 hour  
Drizzle warm loaf with icing (1 cup icing sugar  
+ 2 Tbsp. Boiling water )  
Truro Newcomers' Alumnae Club

## FOCUS OF NEXT ISSUE OF THE LINK IN FEBRUARY

How to publicize your club? This is one of the documents that National wants to revise this year. Your input is needed. Send ideas to me at [j\\_stoness@yahoo.ca](mailto:j_stoness@yahoo.ca). There's an underscore between j and stoness.

### Editor's Note:

In order to make The Link a newsletter that truly links our clubs across Canada, I would like to have a reporter who would collect information about their club and send me an email once a month. I get newsletters from each club but this primarily tells me about activities and clubs. I am looking for newsy items that would of interest to members across Canada.

**Please send me an email with a volunteer's name and email address.**